



HONG KONG ASSOCIATION OF GERONTOLOGY

Highlights of 27th Annual Congress of Gerontology

FINAL ANNOUNCEMENT

Date: 28th November 2020 (Saturday)

Time: 9:00 am to 5:30 pm

Theme: Advances in Gerontology

Format: Online and Physical Participation (Physical participation depends on the COVID-19 situation)

Registration fee: Free of charge

CNE, CPD(SW), CPD(PT) Points: 5 points

CME Points: Community Medicine(2), Family Physicians(3), Physician(1.5), Psychiatrists(2.5), Radiologists(2.5), MCHK CME Programme (3)

CPD(OT) Points: Pending for approval

Deadline for Registration: 21st November 2020

Registration link:

<https://forms.gle/WKH31vJYdc7wGJdF6>



For enquiries, please contact the Congress Secretariat via phone at 2775-5756 or via email at congress@hkag.org

Rundown

08:30-09:00	Registration
09:00-09:05	Welcome Address Dr. Edward M F LEUNG <i>President, Hong Kong Association of Gerontology</i>
09:05-09:20	Officiating Guest and Keynote Speech Dr. Tony KO <i>Chief Executive, Hospital Authority</i>
Plenary Session 1	
09:20-09:45	Legal Protection of Rights of Older People Mr. Charles CHIU <i>Chairperson, Guardianship Board, Hong Kong</i>
09:45-10:10	Predicting Long Term Care Needs in an Ageing Population Dr. Edward M F LEUNG <i>President, Hong Kong Association of Gerontology</i>
10:10-10:30	「香港安老院舍評審計劃」通過證書及良好措施獎狀頒授
10:30-10:45	Break & Sponsorship Video
Plenary Session 2	
10:45-11:05	Quality of End of Life Care in Long Term Care - What and How to measure? Prof. Helen CHAN <i>Associate Professor, Nethersole School of Nursing, The Chinese University of Hong Kong</i>
11:05-11:25	Elder Abuse in the midst of COVID-19 Dr. Elsie YAN <i>Associate Head, Department of Applied Social Sciences, The Hong Kong Polytechnic University</i> Prof. Daniel LAI <i>Dean and Chair Professor, Faculty of Social Sciences, Hong Kong Baptist University</i>
11:25-11:45	The buffering effect of digital health literacy on anxiety during COVID-19 pandemic Dr. Angela LEUNG <i>Associate Professor, School of Nursing, The Hong Kong Polytechnic University</i> <i>Director, Centre for Gerontological Nursing, School of Nursing, The Hong Kong Polytechnic University</i>
11:45-12:05	Intelligent bright light therapy system at residential dwellings for people with dementia Prof. Kenneth FONG <i>Professor, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University</i>

12:05-12:25	<p>Making Meaning on Dementia Caregiving: A Generation Perspective Dr. Vivian LOU <i>Associate Professor, Department of Social Work and Social Administration, The University of Hong Kong</i> <i>Director, Sau Po Centre on Ageing, The University of Hong Kong</i></p>
12:25-12:45	<p>HKAG Annual General Meeting</p>
12:45-14:00	<p style="text-align: center;">Lunch & Poster Presentation</p>
14:00-15:15	<p>Outstanding Paper Award Presentation Session</p> <p>1. Transcranial direct current stimulation as an adjunct to cognitive training for older adults with mild cognitive impairment <u>Pablo Cruz GONZALEZ</u>, Kenneth FONG, Ted BROWN <i>Department of Rehabilitation Sciences, The Hong Kong Polytechnic University</i></p> <p>2. E-Therapist –Chronic Knee Pain Management for Seniors and Tele-monitoring of Rehabilitation Treatment with the use of Technology <u>Dai, A. A.</u>, Wong, K. C. G., Ng, K. T. K., Wong, Y. H. T., Law, K. Y <i>Hong Kong Sheng Kung Hui Welfare Council Ltd.</i></p> <p>3. Development of a Culturally-sensitive Theory-driven Advance Care Planning Game for Chinese Older Adults: Participatory Action Research Approach <u>LIU Li</u>, Ya-yi ZHAO, Helen Yue-lai CHAN <i>The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong</i></p> <p>4. Chinese older adults’ online health information seeking in the COVID-19 pandemic and its relationship with their psychological well-being <u>Laurence Lloyd PARIAL</u>, Xinyi XU, Patrick KOR, Teris CHEUNG, Eliza WONG, Alex MOLASSIOTIS, Angela LEUNG <i>School of Nursing, The Hong Kong Polytechnic University</i></p> <p>5. Knowledge of palliative care and attitudes towards end of life care amongst residents of Macao <u>TAM Kuai In</u>, LEONG Sok Man, ZHU Ming Xia, CHE Sok Leng <i>Kiang Wu Nursing College of Macau</i></p>
15:15-15:45	<p>HKAG Project Presentation</p> <p>1. Journeys through the End of Life Care in Residential Care Homes in Hon Kong Yudo WONG <i>St. George's University of London</i></p> <p>2. Stay Connected :RCHE Residents and the Society Ricky LAI <i>Hong Kong Association of Gerontology</i></p>

15:45-15:50	Outstanding Paper Award Prize Presentation	
15:50-16:00	Break	
16:00-17:30	<p>Free Paper Presentation Session (Health and Medical)</p> <p>1. Effects of a home-based occupational therapy telerehabilitation via smartphone for outpatients after hip fracture surgery: A feasibility randomised controlled study <u>LI Tsz Lui, Cabbee, HUNG Kin Nga Goris, FONG Nai Kuen, Kenneth Hospital Authority, OTD</u></p> <p>2. Evaluation on Catheter Care Clinic: Co-joint AED Program for successful “Try Wean off Catheter” (TWOC) for AROU patients <u>WONG SW Arale, KWOK PF, LEE YM, Chin CF, CHUNG YY, YUNG CY, SHA KY Edmund</u> <i>Continence Service, United Christian Hospital, KEC, HA</i></p> <p>3. Factors associated with unplanned readmission for heart failure elderly aged 80 or above, under Integrated Care and Discharge Support (ICDS) scheme Case Management <u>WAI Hok Man, SHA Kwok Yiu</u> <i>United Christian Hospital, M&G</i></p>	<p>Free Paper Presentation Session (Residential and Community Care)</p> <p>1. Well-being in Hong Kong Ageing Families: An Analysis of Correlates of Multidimensional Intergenerational Relationship Quality <u>LIU Chang, BAI Xue</u> <i>Department of Applied Social Sciences, The Hong Kong Polytechnic University</i></p> <p>2. Experiences of the COVID-19 pandemic in care home settings in Hong Kong and Nanjing: A tale of two cities CHAN YL, Helen¹, LEUNG MF, Edward², <u>ZHAO Ya-yi¹</u>, LIU Li¹, CHONG Yuen-yu¹, CHENG Ho-yu¹, CHIEN Wai-tong¹ <i>[1] The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong</i> <i>[2] Hong Kong Association of Gerontology</i></p> <p>3. Effects of direct and indirect intergenerational contacts on young people’s attitude and prosocial behaviour towards older people <u>KWONG Nga Lai, Alice and Elsie YAN</u> <i>Faculty of Health and Social Sciences, The Hong Kong Polytechnic University</i></p>

4. Evaluating Effectiveness of Music Group in Improving Attention and Mood in Attention-Impaired Patients in Local Geriatric Day Hospital Setting

CHAN King Ho, NG Chak Wing,
LEUNG King Hung, CHUI Po Fan, SO
Chi Tao

*Occupational Therapy Department,
Princess Margaret Hospital*

**5. Stepping into a new era -
Physiotherapy Tele-rehabilitation in
Geriatric Day Hospital (Shatin
Hospital)**

LEUNG Hong Cheng, Mandy¹,
CHIANG Kam Ha¹, Wendy, LAM So
Ling, Stefanie¹, LI Suk Kuen, Carol¹,
YIP Ling Fung, Benny¹, NG Wing Ling,
Winnie², Elsie HUI²

*[1] Physiotherapy Department, Shatin
Hospital, Hong Kong*

*[2] Department of Medical & Geriatrics,
Shatin Hospital, Hong Kong*

**6. The application of
tele-rehabilitation in Occupational
Therapy in Geriatric Day Hospital**

CHOY Ping Cheong¹, LEUNG YS¹, Liu
YT¹, IP WM¹, LAU M¹, YUE SY¹, NG
WL², DING Q², HUI E²

*[1] Occupational Therapy Department,
Shatin Hospital*

*[2] Department of Medicine and
Geriatrics, Shatin Hospital*

**4. Using of a visual art intervention
programme (MOLACE) to enhance
holistic well-being for older people
living with stroke in residential care
homes: A feasibility randomised
controlled trial study**

PANG, P.C.P., CHEUNG, D.S.K. and
CHIANG, V.C.L.

*School of Nursing, The Hong Kong
Polytechnic University*

**5. Engaging older people with
early-stage dementia or mild cognitive
impairment and their family
caregivers in advance care planning in
community care setting: A pilot
cluster randomised controlled trial**

YEUNG Chi Yan Cheryl, CHAN Yue
Lai Helen

*School of Nursing & Health Studies, The
Open University of Hong Kong*

**6. The using pattern of audio-visual
aids and cognitive decline in nursing
homes**

CHAN Wing Yiu, Ko Ying Yan, KWAN
Yiu Cho, Rick

*Centre for Geriatric Nursing, School of
Nursing, The Hong Kong Polytechnic
University*

7. The associations between facemask wearing, beliefs and depression in older people during the pandemic of COVID-19

KWAN Yiu Cho, Rick, LEE Hong, Paul, CHEUNG Sze Ki, Daphne, LAM Ching, Simon
School of Nursing, The Hong Kong Polytechnic University

8. Occupational Therapy Program on White-coat Hypertension and White-coat Effect in Family Medicine Clinic

SO Mei Ki, TONG Yuk Chung
Family Medicine and Primary Health Care Department, Kowloon West Cluster (KWC)

7. Social engagement level and cognitive decline in long-term care settings

SHAM Ming Yu, WONG Chi Hang, KWAN Yiu Cho, Rick
Centre for Geriatric Nursing, School of Nursing, The Hong Kong Polytechnic University

8. Effects of a culturally adapted group based Montessori based activities on engagement and affect in Chinese older people with dementia: a randomized controlled trial

LI Siu-fan, Perina, YAU Yee-man, CHAN Yue-lai, Helen, KWONG Ka-shi, SUN Hoi-tung, Adrian, YU Ka-ying, Kathy
Senior Citizens Services, The Salvation Army

Poster Presentation

1. Effect of aromatherapy abdominal massage on improving constipation and quality of life (QoL) in elderlies: a systematic review

LAI Sze Ki Veronica

The Open University of Hong Kong

2. Narratives of Senior Citizens: Antecedents and Consequences of Successful Aging

Katherine Ann D. ROQUE, Elmer D. BONDOC

Unihealth Southwoods Hospital and Medical Center

3. Exploring multidimensional risk factors for burnouts in direct care workers in long-term care setting: a systematic review

LO Hin Man Hermione, LUM Chor Ming Christopher

Faculty of Medicine, The Chinese University of Hong Kong

4. Is spiritual care “just chatting”? Conversation as an essential component of end of life care

Caroline YIH

University of Aberdeen, Scotland

5. Continence Nurse Clinic: Evaluation on using Foley Fixation Security Holder for patients with indwelling catheter 2020

WONG SW Arale, Kwok PF, LEE YM, CHIN CF, CHUNG YY, YUNG CY, SHA KY Edmund

Continence Service, United Christian Hospital, KEC, HA

6. A systematic review of treatment effectiveness on computer-based cognitive training (CBCT) and virtual reality cognitive training (VRCT) for older adults with MCI – a clinical comparison

HUNG Chui-wai, Sarah, HO Yin-ni, Annie, LAI Hiu-wai, Idy, LEE Sze-wing, Carol, PONG

Shuk-kwan, Angela, LAI Ho-yin, Frank

The Hong Kong Polytechnic University, Department of Rehabilitation Sciences

7. Promoting Gerontological Education In University: Development and Evaluation of the Infusion Active Ageing Education Model

BAI Xue, LAI W.L., Daniel, LOU W.Q., Vivian, LEE L.F., Anita, ZHANG Jinjin

The Hong Kong Polytechnic University

8. The usefulness and user experience of an electronic pain management programme for working population

TANG Shuk Kwan¹, MY TSE Mimi¹, LEUNG Sau Fong¹, Theofanis FOTIS²

[1] *School of Nursing, The Hong Kong Polytechnic University*

[2] *School of Health Sciences, University of Brighton, United Kingdom*

9. Overcrowding and Overloading in 365 Days! Strategies for Preventing Medication Administration Error in an Acute Geriatric Ward: Two Years Review

TANG LN, CHAN SW, YUE SS, NG YB

Department of Medicine and Geriatrics, United Christian Hospital

Poster Presentation

10. "Manage your pain"- Chronic Pain Self-Management Day Program in community for older adults

TSE So Sum Joyce, WONG King Ming, LAU Kai San, CHAN Ching Man

Yang Memorial Methodist Social Service

11. Development of an educational program for middle- and older-age hypertensive adults in the community

TAM Hon Lon, WONG Mi Ling, Eliza, CHEUNG Kin

School of Nursing, The Hong Kong Polytechnic University

12. Backward walk test: a reliable and valid tool to assess gait and balance in older adults with dementia

CHAN LS, Wayne, CHEUNG Yue To, LEE Yin Wing, TEO Ai Mei, WO Hui Kiu, WONG Yui

Department of Rehabilitation Sciences, Hong Kong Polytechnic University

13. Person Centred Care Approach for Elders with Dementia

WONG Chi Kin, MAN Kin Ting

Hong Kong Society for the Aged

14. Making a happy and health aging: being a volunteer

TSE Mun Yee, Mimi¹, NG Sheung Mei, Shamay², BAI Xue³, LEE Hong¹, Paul, Raymond LO⁴, TANG Shuk Kwan¹

[1] *School of Nursing, The Hong Kong Polytechnic University*

[2] *Department of Rehabilitation Sciences, The Hong Kong Polytechnic University*

[3] *Department of Applied Social Sciences, The Hong Kong Polytechnic University*

[4] *Department of Geriatrics and Palliative Medicine, Shatin Hospital, Hospital Authority, Hong Kong SAR*

15. Burden of informal caregivers for older persons with chronic pain: Cross sectional study

CHAN Yi Wing, CHENG Ka Yan, LAU An Sing, LEUNG Wai Man, TSANG Mei Po, YEUNG I Ka, TSE M. Y., Mimi

School of Nursing, The Hong Kong Polytechnic University

16. Relationship between lighting exposure and behaviours in activities of daily living in elders with Dementia residing in old age homes in Hong Kong

Alice TSANG

Elite Resource & Consultation Services

17. Pilot enhancement program for patients' problem of constipation in acute geriatric ward, UCH

HO Kwan Wai Evan, CHAN San Wong, Aaron, TAI Kam Kwan

UCH M&G Ward 11B

18. Effects of dance intervention on agitation for people living with dementia: A systematic review

Dauda SALIHU, KWAN Yiu Cho, Rick, WONG Mi Ling, Eliza, Umar Muhammad BELLO

Centre for Gerontological Nursing, School of Nursing, The Hong Kong Polytechnic University

Poster Presentation

19. Using the Hong Kong Brief Cognitive Test (HKBC) as Predictor to Discriminate Discharge Destination for Patients with Stroke in Rehabilitation Setting

SO Yu Ching¹, NG Chak Wing¹, CHIU John Jong Hoh², SO Chi Tao¹

[1] *Occupational Therapy Department, Princess Margaret Hospital,*

[2] *Department of Medicine and Geriatrics, Princess Margaret Hospital*

20. A new regimen for elderly rehabilitation: treatment effects of multidisciplinary outreach health services in private and self-financing RCHEs in Hong Kong

CHAN Mei Yuet, CHAN Kin Tung, CHENG Yee Wa, CHUI Wai Yin, TONG Tik Sang

HKSKH Pilot Scheme on Multi-disciplinary outreaching Support Team for the elderly (Kowloon Central Cluster & Kowloon East Cluster)

21. Local Innovation Sandbox: A Platform for Gerontology Students and Alumni

LOU Weiqun, Vivian^{1,2}, CHENG Yuen Man¹, Clio, CHENG PUI Yin Bentia¹

[1] *Sau Po Centre on Ageing, The University of Hong Kong,*

[2] *Department of Social Work & Social Administration, The University of Hong Kong*

22. The impact of Visual Art Promotion Project in Wong Tai Sin District

LEUNG Y.C., Katherine, LEE S.H., Elsa, MOK C.M., Simon

HKSKH Wong Tai Sin District Elderly Community Centre

23. Self-administered Acupressure for Knee Osteoarthritis in Middle- and Older-Aged Adults: A Preliminary Analysis of Randomized Controlled Trial

YEUNG Wing-Fai, CHEN Shucheng, TANG Tak Ka, CHEN Shuxian

School of Nursing, The Hong Kong Polytechnic University

24. Use of technology in community networking among seniors

HO Hin Yi

H.K.S.K.H. Chuk Yuen Canon Martin District Elderly Community Centre

25. Intervention to improve navigation performance in people with dementia: a scoping review

MAN K.Y., June, PANG W.S., Crystal, LAI K.Y., Bonnie, FONG N.K., Kenneth

Department of Rehabilitation Sciences, The Hong Kong Polytechnic University

26. The effectiveness of app-based mobile intervention on promoting healthy lifestyle in older adults: a systematic review

CHUNG Cheuk-Fung, Roy, CHAN Lok-To, Crystal, CHAN Lok-Yi, Jessica, CHENG Ho-Yi, Chloe,

CHU Pui-Shan, Jenny, IP Suet-Ying, Carol, LAW Tsz-Yan, Regene, NG Yim-Ting, Rachel, LIU

Yat-Wa, Justina

School of Nursing, The Hong Kong Polytechnic University

27. Visiting Medical Practitioner Service (VMPS): The Barriers and facilitators of service implementation

WONG Lok Yan

Christian Family Service Centre, Visiting Medical Practitioner Service

Poster Presentation

28. Actions taken for Infection Control in Residential Care Homes for the Elderly in Kowloon East Cluster during the Outbreak of COVID-19 Pandemic

WONG Lok Yan

Christian Family Service Centre, Visiting Medical Practitioner Service

29. A Secondary Data analysis on Pain Interference and Pain Knowledge: Does It Relate to Depression, Self-efficacy and Quality of Life among The Older Adults Living in Nursing Homes?

CHAN Sze Man, CHOI Sin Man, FONG Wing Yan, KONG Ka Yi, LAU Ka Yan, WONG Ka Yi, WU Chun Shing, WU Oi Sze, Dr. Mimi Mun Yee TSE

School of Nursing, The Polytechnic University

30. Immersive virtual reality interventions for enhancing empathy of informal caregivers of people with dementia: a integrated review

MAK, C.Y., LEE, W.Y., LIN, L.F., NGOK, W.S., SIN, L.M.S., HO, K.H.M., JONES, C., & CHEUNG, D.S.K.

School of Nursing, The Hong Kong Polytechnic University

31. Cognitive decline and incontinence in long-term care settings

CHAU Ho Kin, TAM Pui Kwan, KWAN Yiu Chi, Rick

Centre for Geriatric Nursing, School of Nursing, The Hong Kong Polytechnic University

Congress Sponsors





HONG KONG ASSOCIATION OF GERONTOLOGY

REGISTRATION FORM

Please type or print **in Block Letters** & return this form to the Congress Secretariat via email at congress@hkag.org.

Title: Prof. / Dr. / Mr. / Mrs. / Miss / Ms

Surname: _____

First Name: _____

Organization & Department: _____

Position: _____

Telephone no.: _____

Email Address: _____

Would you like to receive latest news and updates from Hong Kong Association of Gerontology? Yes / No